



# ADULT VOLLEYBALL LEAGUE

## LOCKPORT YMCA

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Join the excitement of the Lockport YMCA volleyball league and spike up your fitness routine! Whether you're a seasoned player or new to the sport, this league offers a welcoming environment for everyone. Enjoy spirited matches and make new friends along the way.

**Recreational Division**  
**Wednesdays | Jan. 16 – Mar. 13**

**Competitive Division**  
**Thursdays | Jan. 17 – Mar. 14**

## Team Information

Maximum of 10 players ages 18 and older. Individuals age 16 & 17 can join a team with adults.

Team captain will register on behalf of entire team. Scan the QR Code below to register.

Competitive



Recreational





## Additional League Information



### Team Information

Eight Co-Ed Teams Per Division (Competitive & Recreational).  
There are no requirements for any number of male or female players.

### Format

Traditional 3-Set Matches (One hour time slots for each game).

First two sets play to 25.

Final set plays to 15 (Third set will always be played).

Games to be played on half of a court each.

Minimum of four players required start game.

(Your team will forfeit if four players are not available 15 minutes after scheduled match start time)

### League Dates

Regular Season (January 16 - February 27)

Playoffs (March 5-13)

Top 6 teams in each division to play in playoffs

Championship match is best-of-five-sets.

### For Additional Information

Contact Cam Daugherty, YMCA Sports Director, at [cdaugherty@ymcabn.org](mailto:cdaugherty@ymcabn.org)

