



YMCA BUFFALO NIAGARA IMPACT IN ACTION

Experience and support the Y's impact through the following events:

SEPTEMBER 9 - SEPTEMBER 23

FREE LIFEGUARD TRAINING
Lockport Family YMCA
5833 Snyder Drive, Lockport
6 classes | Days and times vary by class

SEPTEMBER 16-22

YMCA WELCOME WEEK*
All Locations - Various activities being offered in the lobby throughout the entire week.

THURSDAY, SEPTEMBER 19

FALLS PREVENTION SEMINAR
Independent Health Family YMCA
150 Tech Drive, Amherst | 1:30 to 3:30 pm

FRIDAY, SEPTEMBER 20

WELCOME WEEK FAMILY NIGHT | 6:30 pm
Lockport Family YMCA
5833 Snyder Dr, Lockport

Independent Health YMCA
150 Tech Drive, Amherst

Southtowns YMCA
1620 Southwestern Blvd., West Seneca

Ken-Ton Family YMCA
535 Belmont Ave., Kenmore

SATURDAY, SEPTEMBER 21

WELCOME WEEK OPEN HOUSE
Lockport Family YMCA
5833 Snyder Dr, Lockport | 9:00 am - 1:00 pm

Independent Health YMCA
150 Tech Drive, Amherst | 10:00 am - 1:00 pm

Southtowns YMCA
1620 Southwestern Blvd., West Seneca
10:00 am - 1:00 pm



SATURDAY, SEPTEMBER 28

Y ON THE FLY @ LOCKTOBERFEST*
Canal Street, Lockport | 10:00 am - 6:00 pm

SUNDAY, SEPTEMBER 29

SENIOR SAFETY SUMMIT
William-Emslie Family YMCA
585 William Street, Buffalo | 9:00 am - 12:00 pm

SEPTEMBER 30 - OCTOBER 11

FREE LIFEGUARD TRAINING
Southtowns Family YMCA
1620 Southwestern Blvd., West Seneca
6 classes | Days and times vary class

MONDAY, OCTOBER 7

EMERGENCY PREPAREDNESS TRAINING
Div. of Homeland Security & Emergency Services
William-Emslie Family YMCA
585 William Street, Buffalo | 3:00 - 6:00 pm

SATURDAY, OCTOBER 19

MAKING STRIDES AGAINST BREAST CANCER WALK
Y on the Fly Family & Kids Zone*
& Team YMCA Buffalo Niagara
Terminal B, Outer Harbor, Buffalo | 10:00 am

SATURDAY, OCTOBER 26

YMCA HALLOWEEN FAMILY EVENT
All YMCA Locations | Times & Activities TBA

THURSDAY, OCTOBER 31

YMCA SENIORS HALLOWEEN PARTY*
William-Emslie YMCA
585 William Street, Buffalo | Time TBA

SATURDAY, NOVEMBER 9

Y ON THE FLY @ TROT THE TURKEY TRAIL*
Walton Woods Park, Amherst | 1:30-3:30

MONDAY, NOVEMBER 11

INDEPENDENT HEALTH COMMUNITY HEALTH DAY
Buffalo Museum of Science,
1020 Humboldt Pkwy., Buffalo
10:00 am - 2:00 pm

NOVEMBER 25 - NOVEMBER 27

YMCA TURKEY TROT PACKET PICK-UP*
Independent Health Family Branch YMCA
150 Tech Dr., Amherst | 10: am to 6:30 pm daily

THURSDAY, NOVEMBER 28

129th YMCA TURKEY TROT*
Delaware & Tacoma Avenues
North Buffalo | 9:00 am

MONDAY, DECEMBER 2

RED CROSS BLOOD DRIVE
Lockport Family YMCA
5833 Snyder Drive, Lockport | Time TBA

SUNDAY, DECEMBER 8

YMCA HOLIDAY FAIR
All YMCA Locations | Times & Activities TBA



YMCA TOGETHERHOOD

Join the YMCA Togetherhood team in lending support to the following organizations:

FEEDMORE WNY*

9:00 - 11:00 am
October 11, November 8,
and December 13

HEARTS FOR THE HOMELESS*

11:00 am - 3:00 pm
September 25, October 23, November 27



Pre-register to attend any of the above events by contacting the YMCA Community Impact Team at 716-565-6000 or droberts@ymcabn.org.

*Volunteer opportunities available