

JANUARY 6TH – FEBRUARY 28TH, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lap/Open Swim Lanes 1-4 8:00-8:45AM 9:00-9:45AM	Lap/Open Swim Lanes 1-4 8:00-8:45AM	Lap/Open Swim Lanes 1-4 8:00-8:45AM 9:00-9:45AM	Lap/Open Swim Lanes 1-4 8:00-8:45AM	Lap/Open Swim Lanes 1-4 8:00-8:45AM 9:00-9:45AM
Water Ball Independent Exercise 10:00-10:45AM	Aqua Fit Lanes 1-3 Choon Lap Swim Lane 4 9:00-9:45AM	Water Ball Independent Exercise 10:00-10:45AM	Aqua Fit Lanes 1-3 Choon Lap Swim Lane 4 9:00-9:45AM	Water Ball Independent Exercise 10:00-10:45AM
Water Walking Lanes 1-3 Independent Exercise Lap Swim Lane 4 11:00-11:45AM 12:00-12:45PM	Water Walking Lanes 1-3 Independent Exercise Lap Swim Lane 4 10:00-10:45AM 11:00-11:45AM 12:00-12:45PM	Water Walking Lanes 1-3 Independent Exercise Lap Swim Lane 4 11:00-11:45AM 12:00-12:45PM	Water Walking Lanes 1-3 Independent Exercise Lap Swim Lane 4 10:00-10:45AM 11:00-11:45AM 12:00-12:45PM	Water Walking Lanes 1-3 Independent Exercise Lap Swim Lane 4 11:00-11:45AM 12:00-12:45PM
Family Swim Lanes 1-3 Open Swim Lane 4 4:00-4:45PM		Family Swim Lanes 1-3 Open Swim Lane 4 4:00-4:45PM		Family Swim Lanes 1-3 Open Swim Lane 4
Aqua Fit Rebecca 5:00-5:45PM		Aqua Fit Rebecca 5:00-5:45PM		4:00-4:45PM 5:00-5:45PM

Schedule is subject to change.