

## MARCH 3<sup>RD</sup> – MAY 2<sup>ND</sup>, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lap/Open Swim Lanes 1-4 8:00-8:45AM 9:00-9:45AM	Lap/Open Swim Lanes 1-4 8:00-8:45AM	<b>Lap/Open Swim</b> Lanes 1-4 8:00-8:45AM 9:00-9:45AM	Lap/Open Swim Lanes 1-4 8:00-8:45AM	<b>Lap/Open Swim</b> Lanes 1-4 8:00-8:45AM 9:00-9:45AM
Water Ball Independent Exercise 10:00-10:45AM	Aqua Fit Lanes 1-3 Choon  Lap Swim Lane 4 9:00-9:45AM	Water Ball Independent Exercise 10:00-10:45AM	Aqua Fit Lanes 1-3 Choon  Lap Swim Lane 4 9:00-9:45AM	Water Ball Independent Exercise 10:00-10:45AM
Water Walking Lanes 1-3 Independent Exercise  Lap Swim Lane 4 11:00-11:45AM 12:00-12:45PM	Water Walking Lanes 1-3 Independent Exercise  Lap Swim Lane 4 10:00-10:45AM 11:00-11:45AM 12:00-12:45PM	Water Walking Lanes 1-3 Independent Exercise  Lap Swim Lane 4 11:00-11:45AM 12:00-12:45PM	Water Walking Lanes 1-3 Independent Exercise  Lap Swim Lane 4 10:00-10:45AM 11:00-11:45AM 12:00-12:45PM	Water Walking Lanes 1-3 Independent Exercise  Lap Swim Lane 4 11:00-11:45AM 12:00-12:45PM
Family Swim Lanes 1-3  Open Swim Lane 4 4:00-4:45PM  Aqua Fit Rebecca 5:00-5:45PM		Family Swim Lanes 1-3  Open Swim Lane 4 4:00-4:45PM  Aqua Fit Rebecca 5:00-5:45PM		Family Swim Lanes 1-3  Open Swim Lane 4  4:00-4:45PM 5:00-5:45PM
3.00-3.43PM		3.00-3.43PM		

Schedule is subject to change.